



Building The Kingdom of God

May 11, 2017

I read a fascinating study this weekend from Kingston University in London. They found that reading regularly could make you a kinder and more empathetic person.

Television doesn't have the same impact on people. In fact that study concluded that "readers were more likely to act in a socially acceptable manner compared to those who preferred watching television."

Did you know that our students have read 6812 books during this school year through the end of April? I know some students have read a lot, but on average that is more than 37 books per student. Thirty-seven times for each child to enhance their empathetic abilities.

This research does NOT only apply to student but adults in our families. As you read, please continue to practice empathy and caring skills. Our students aren't perfect, but each day they become more Christ-like.

Happy Mother's Day to all Mothers, Grandmothers, Aunts, Step-Mothers and others who serve as Mothers to our children. Truly this is the hardest job in the

world. God blessed me with one child of my own, but I am honored to count your children as my own as they *build the Kingdom of God* each day.

All the best,
Ms. Arter

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VIRTUS TRAINING:

VIRTUS training will be offered at QAS School on Friday, May 19 from 2 – 4. You only need to take this training once. If you have any questions, please ask Ms. Arter.

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SPRING PROGRAM:

Our Spring Program, On Father Kevin's Street, will be presented here on Thursday, May 18 at 1:30 p.m. and 6:30 p.m.

Students may wear dress up clothes to school and for the evening performance or their uniforms. Jeans are not acceptable. Music grades will be impacted for non-attendance.

UPCOMING DATES:

May 15—Muffins for Mom 7:15—8:00 am
 May 18—Spring Program 1:30 & 6:30 pm
 May 19—Student Jeans & Pizza Day
 for Special Olympics
 Family Dance
 Virtus Training 2:00-4:00
 May 22—Donuts for Dads 7:15—8:00 am
 May 26—Indiana Beach
 May 29—Memorial Day—**NO SCHOOL**
 May 31—**Last Day of School**
 8:30 Mass followed by Family
 Picnic
 Early Dismissal
 Graduation Practice
 8th grade Graduation 6:00 pm
 in Church, reception to follow.

DAILY E-MAIL:

We have been sending a short daily e-mail via Ascend each Monday—Friday. If you would like your e-mail added, please stop in the school office.

SUMMER LUNCHES:

On Monday through Friday, June 5th through July 28th, **free lunch** will be served to all children, 18 years and younger. This opportunity will enable children to continue receiving a nutritious lunch during the summer. On June 5th—July 28th (excluding July 4th), lunches will be served at: Gardena Park, Garden Estates, Tall Timbers Park, Green Acres Park, Marsh Playground, Cleveland Park, Emmett Wise Center, Madeline Smrt Center, Knapp Elementary, Joe Hawkins Memorial Park. Serving times will be posted soon on this website at mcas.k12.in.us.

OUTSTANDING BALANCES DUE:

Please check your child's Noah's Ark and lunch accounts. All outstanding balances must be paid.

QAS ATHLETICS:

Did you know that an Athletic Physical after April 1st is good for the entire next school year? Save time, do it **NOW!**

USDA CORNER:

Snacks sent in for birthday and holiday parties must meet with SMART SNACK guidelines starting August, 2017. The cafeteria will have items you can order, or you can send in a non-food items such as a book, pencils or journals. Here are a few simple ideas you can make at home:

Grapes, apples, tangerines, bananas and pears are the perfect portable fresh fruit treat.

Frozen grapes are great for hot days.

Kids always get a kick out of **Rabbit Bags** which combine fresh fruit and vegetables in individual servings.

Sliced **vegetables** with low fat hummus-dip are a fun and exciting snack.

Popcorn Trail Bags. Sweet and salty-come together when you mix unflavored **peanuts** and a handful of **raisins**. Package each serving in a mini paper bag for personal deliveries. Make certain you are aware of classmates with peanut allergies.

Please let us know if you have any questions.