



Building The Kingdom of God

March 30, 2017

What do the words determination, purposefulness, courage, and tolerance all have in common? You are correct if you said they are all virtues that we have talked about. On an even larger scale, these words are all synonyms for GRIT. As the students have discovered, often times a situation calls for more than one virtue to be practiced at a time. GRIT is a mindset based on diligence, patience, and persistence that over time allows a person to overcome obstacles and accomplish goals. GRIT comprises a combination of traits and behaviors, including

- Goal-directedness (knowing where to go and how to get there).
- Motivation (having a strong will to achieve identified goals).
- Self-control (avoiding distractions and focusing on the task at hand).
- Positive mind-set (embracing challenge and viewing failure as a learning opportunity.)

GRIT can be developed at home and school. It requires setting goals and see-

ing those goals achieved. Children learn many new facts and life lessons when they put their mind to the task at hand and dig in their heels whether the road is easy or hard to achieve their goal.

As we travel down our path during Lent, Jesus is a tremendous role model for GRIT. Jesus is persistent in His message to everyone He meets that God's love encompasses everyone and is given to us freely. He is diligent on traveling the path God has put before Him even though the challenges are difficult. Most importantly He is patient. Jesus knows the ultimate goal is to bear our sins to open the gates of Heaven. I am thankful Jesus demonstrated GRIT because as a result we all have the opportunity to achieve eternal life.

Yours In Christ,
Kim Gondeck, Vice Principal

Paige Pizarek received the Purdue Agricultural Award for her division. McKenzie Losinski place third, and Maria Hoang and Allyson Henrich received honorable mentions. So proud of our students who participated in the Regional Science Fair this past Saturday.

UPCOMING DATES:

April 3 thru April 9—Spring Break
April 10—School Resumes
April 14—Good Friday—No School
April 17—Easter Monday - No School
April 25—27—Little Vikings BB Camp
April 28—3rd Annual Sports Spectacular

CALLING 3RD—7TH GRADERS:

Do you want to learn about technology? Do you like to build with Legos? QAS is offering an opportunity to do both with the new QAS Robotics Club. We will begin meeting on Wednesdays starting on April 12th from 5:30-7:00. This spring and summer we will be learning the basics of programming and using Legos to build robots in order to gear up and compete in the First Lego League (FLL) Robotics Challenge next Fall. The club is open to any QAS students currently in grades 3-8 who are interested in learning about programming and robotics. There is no charge for participating.

QAS PTO CANDIDATES FOR 2017-2018

President—Angie Henrich
Vice President—Bob & Mary Wellinski
Secretary—Doriedee Mark
Home Room Coordinators—Ruth Nelson & Leticia Haro
Please call the school office if you would like to be added to the ballot prior to March 31, 2017.

HOLY WEEK:

Thank you for the amazing donations of food and other items that we presented at Mass on Tuesday. We will have one more collection for the Food Pantry and Keys for Hope on Tuesday, April 11. Please be generous and you always are.

USDA CORNER:

Make Better Beverage Choices. Here are the remaining suggestions for Making Better Beverage Choices:

6. Don't Forget Dairy – Children get calcium, vitamin D, and potassium from low-fat or fat-free milk, or fortified soymilk. Older children and teens need 3 cups of milk per day. Children 4 to 8 need 2.5 cups per day.
7. Enjoy Your Beverage – If your child wants a soda now and then, select smaller cans, cups or glasses instead of the large or supersized ones.
8. Water To Go – Fill a clean, reusable water bottle and toss it in your child's backpack. Reusable bottles are good for the environment too.
9. Check the Facts – Nutrition labels and ingredient lists contain information about added sugar, saturated fat, sodium and calories to help everyone make better choices.
10. Compare with your Drink – Food-A-Pedia, is available on the Super Tracker website and can help you compare calories, added sugars and fats in your favorite beverages.